

Davis-Monthan Air Force Base, Ariz.

Friday, Nov. 14, 2003



Load em' up and ship em' out

Members of the 355th Logistics Readiness Squadron load team push cargo into a C-17 in preparation for deployment Saturday. Cargo and several Davis-Monthan Air Force Base members deployed in support of Operation Enduring Freedom and Operation Iraqi Freedom.

Bagram: Goodbye to blue, hello to D-M silver

Story and photos by Staff Sgt. Russell Wicke 455th Expeditionary Operations Group Public Affairs

BAGRAM AIR BASE, Afghanistan -- It's dark outside. Even artificial lights are forbidden here at night. In a single-file line, about 20 Davis-Monthan airmen make their way from the belly of a C-130 Hercules on the flightline. They follow the only visible mark; a blue glow stick held by their leading guide. Directly to the east is a minefield. Beyond that, the en-

emy waits on all sides.

Throughout the next few weeks, many more will arrive in this fashion. The airmen come to relieve other airmen in the war on terrorism. They are part of Aerospace Expeditionary Force Silver and the 354th Expeditionary Fighter Squadron out of Davis-Monthan Air Force Base. D-M will set the overall tone based on their numbers.

The 354th EFS Bulldogs will replace the 81st Expeditionary Fighter Squadron Panthers, out of Spangdahlem Air Base, Germany, as AEF

Silver replaces AEF Blue.

"The biggest challenge with this is to have a seamless transition without mission degradation," said Lt. Col. Richard Johnson, 455th Expeditionary Operations Group deputy commander. "The transition should be complete by mid-November." Johnson is an A-10 pilot deployed from Spangdahlem.

Because this is an Army installation, airmen are the minority. Although the Air Force has

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K-9 Trials

The 355th Security Forces Squadron will be participating in the free, public 15th Annual Tucson Area K-9 Trials beginning at 9 a.m. Saturday and 11 a.m. Sunday. The event is a friendly competition between civilian and military K-9 units. The event will be held at Reid Park on Hi Corbett Field. Reid Park is located at the corner of Randolph and Camino Camp streets, adjacent to the parks and recreation administration office. Spectators are urged not to bring personal pets to the event.

Medical Group changes

Comment: My question is in regards to the base clinic/TRICARE. I called this morning for a same-day appointment and I was told that I would need to call the Copper Panel. Apparently my panel was switched without my being notified. How is this possible without notifying the individual first? This came on the heels of all of my dependents being transferred to another panel as well last month and of course without any notification. Any explanation would be greatly appreciated. With my wife deployed right now, I need to be able to plan where my care and the care of my dependents will be coming from.

Response: Thank you for raising your concern as I know many have seen the affects of on-going changes at our medical facility. Although these changes have created an inconvenience to patients receiving care, we believe the long-term benefits will improve overall customer satisfaction once our transition is complete.

These changes include a centralized appointment system. As of Nov. 3, the medical group centralized the process for all appointments with the exception of flight medicine. This was done for precisely the concern you voiced. Now when you call to make an appointment, an appointment will be made for you regardless of your assigned panel. All appointments will be made from one central location and it should speed up the process.

Additionally, major upgrades to the phone system and software are being made to enhance both the ease of making an appointment and decrease the wait times, especially during peak call times.

There have been various changes within the medical group that have made it necessary to change the panels which some patients are assigned. Among these changes are adding additional care-providers in the pediatric clinic and internal medicine. Currently, patient enrollment is experiencing approximately 9,000 changes to primary care managers. This is based on an influx of new providers and exodus of old providers, as well as the establishment of new clinical services. Upon completion of the changes, the medical group will be sending out primary care provider assignment letters to all affected. This will prevent patients receiving more than one notification letter of care provider changes. We will send out notification of such changes in the future, and apologize for the inconvenience this has caused.

You can assist us in ensuring our ability to notify you of any changes by verifying the hospital has your correct mailing address.

For more information please contact Capt. John Altevers at 228-1585. (Editor's note: The Commander's Corner program enables Davis-Monthan members to voice their ideas, suggestions, comments, concerns and kudos for any aspect of the 355th Wing. The contact number is 228-4747. E-mails can be sent to <u>355thWing.commandersCorner@dm.af.mil.</u>)



Col. Larry Stutzriem 355th Wing Commander

Supporting each other and working together to provide the best programs and services is a goal for all D-M people.

Ideas, suggestions, comments, concerns and kudos are important to make improvements.

The best way to pass along a comment or to get an answer to a concern is to contact the agency chief or functional managers listed here. Still no solution? The Commander's Corner phone line is 228-4747.

An e-mail can also be sent to: 355th Wing.CommandersCorner@dm.af.mil

Callers must leave their name. phone number and a message They will receive a prompt reply in writing or by telephone. We will honor caller confidentiality, but sometimes we need to contact callers to gather additional information. If a concern is of general interest to the base populace, the response may be published in the Desert Airman Anonymous calls may not be

Agency numbers

	_	-
AAFES Agencies	228-3	3904
Accounting and Finance	228-	4964
Chaplain	228-5	5411
Civil Engineering	228-	340
Clinic	228-2	2930
Commissary	228-	3116
Family Support	228-	569
Fitness and Sports Cente	er228-0	0022
Haeffner Fitness Center	228-	3714
Housing Office	228-3	3687

Inspector General	228-3558
Legal	228-6432
Lodging	228-4845
Military and Civilian Eq	ual
Opportunity Office	228-5509
Military Personnel	228-5689
Public Affairs	228-3204
Security Forces	228-6178
Services	228-5596
Transportation	228-3584



Staff Sqt. Tammie Clark

Mission Spotlight

The 43rd Aircraft Maintenance Unit is formed of fully trained and equipped combat forces and aircraft capable of full spectrum integrated electronic attack combat air and group forces worldwide in any conflict or war.

The $43 \mathrm{rd}$ AMU falls under the $755 \mathrm{th}$ Aircraft Maintenance Squadron, which is attached to Davis-Monthan from Offutt Air Force Base, Neb. in support of the Compass Call mission.

Members of the 43rd AMU conduct all necessary maintenance to their assigned EC-130Hs and one TC-130 aircraft including changing tires, refueling and all necessary inspections and servicing required to the aircraft.

(Left) Airman 1st Class Joe Colwell, 43rd Aircraft Maintenance Unit crew chief. reinstalls a number two dry bay panel which covers the C-130 electronic systems connection to the engine.

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AFSOC - Fueling the fight, saving the flight

(Left) Lt. Col. Carl Rebarchak, (right) 48th Rescue Squadron, Capt. Scott Zelasko, (middle) and Tech. Sgt. Dan Troglin, (left) both 79th Rescue Squadron, gaze out the side door of a Davis-Monthan C-130 as it refuels two HH-60s during a training exercise.

(Right) Tech. Sgt. Matt Wells and Staff Sgt. Scott Bilyew, both 48th Rescue Squadron, prepare for a jump. Wells performs a jump master personnel inspection on Bilyew prior to the jump. The jump was a rigging alternate method zodiac, in which personnel are dropped in the water along with rafts and survival gear to save stranded personnel when aircraft can not get close enough to conduct a rescue. The training was conducted above the ocean at the Leon Drop zone, about five miles off the coast of San Diego.



Airmen receive UCMJ punishments

♦ A senior airman from the 355th Security Forces Squadron received a suspended reduction to airman 1st class, forfeiture of \$721 pay for one month and 20 days extra duty for **sleeping on post**, a violation of Article 92 of the Uniform Code of Military Justice.

◆ A senior airman from the 355th Aircraft Maintenance Squadron received a reduction to airman 1st class, forfeiture of \$250 pay per month for two months, 45 days extra duty and a reprimand for **failing to pay just debts**, a

violation of Article 134 of the UCMJ. (Editor's note: Information provided by the 355th Wing Judge Advocate Office. The same offense can result in different punishments for each offender. The commander considers several factors when determining punishment, some of which include: the offender's service record, previous incidents, seriousness of the offense and impact on unit discipline, cohesion and morale. For more information, contact the judge advocate office at 228-3168.)

293 airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31.

Call AADD at 850-2233

10 p.m. to 5 a.m. Fridays and Saturdays and 4 p.m. to midnight Sundays for a ride.

Emergency Numbers911 Base Operations..... .228-4315 Casualty Assistance.....228-3686 Mortuary Officer......228-5964 or 4414 (After duty hours)......228-3121 (After duty hours)......228-3121 Duty Chaplain......228-5411 Command Post......228-7400 (After duty hours).....228-3517 355th Security Forces Crime Stop..228-4444 Safety......228-5558 Fire Reporting......911 (After duty hours)......909-0316 Public Affairs......228-3204 Base locator......228-3347 (After duty hours)......228-7400 TIPS Line......228-TIPS (8477) Fraud Waste and Abuse.....228-3177

News Notes

Craycroft gate opening

The Craycroft Road gate is scheduled to re-open no later than Dec. 8. Davis-Monthan members who have had to reroute to either the Swan or Wilmot gates can expect to resume their normal routes to and from work by that date.

American Indian and Alaskan Native Heritage Month luncheon

There will be an American Indian and Alaskan Native Heritage Month celebration and luncheon at The Mirage Officers' Club Tuesday from 11:30 a.m. until 1 p.m. There will be a special guest performance by The Pascua Yaqui Dancers and The Redhouse Dancers. The menu will be roasted pork or baked chicken, skillet squash, corn, cornbread, iced tea and coffee. Tickets are \$13 or \$11 for club members. Contact your first sergeant for tickets or call Capt. Ray Dockery, AIHC chairman at 228-6363 for more information.

GTC accounts

All Government Travel Card holders, both civilian and military, need to contact Bank of America at 1-800-558-0548 to update their mailing addresses, especially those who have just had a permanent change of station or have had a change of mailing address. For more information, call Alvis Napier, GTC agency program coordinator at 228-0096.

Mammography services

The 355th Medical Group announces the re-introduction of mammography services at the clinic. Timely breast cancer screening is an important process. Women older than 40 years of age should have a clinical breast exam and mammogram each year. Women aged 20 to 30 should have exams every three years and women in their 20s should perform breast selfexams. Schedule an appointment with your primary care provider or women's health practitioner for a clinical breast exam. If a mammogram is indicated, appointments may be scheduled in the radiology department Mondays through Fridays from 8 a.m. until 4 p.m.

Air Force climate survey

The deadline to take the Air Force climate survey is Nov. 23. More than 25 percent of the Air Force has taken the survey since its launch Oct. 1. This is an opportunity to shape tomorrow's Air Force. The survey takes about 30 minutes to complete online at http://afclimatesurvey.af. millimatesurvey.af <a href

Desert Airman Nov. 14, 2003

D-M's most talented strut their stuff at talent show

By Staff Sgt. Tammie Clark

355th Wing Public Affairs

All members of the Davis-Monthan community are invited to attend the Fall West Fest and Air Combat Command Annual Family and Teen Talent Show Nov. 21 from noon to 4 p.m. at the youth center.

The festivities are being offered by the community and youth center to provide base members an opportunity for children, teens and families to show their unique talents to others, said Michelle Glover, youth center school age coordinator.

There is no admission charge to attend the Fall West Fest, said Frances Pientack, community center director. There will be a disc jockey on hand and clowns who will be making balloon animals, painting children's faces and performing magic tricks.

"The talent show will begin at 1 p.m.," said Pientack.

Categories for talent show competition include children age 3 to 5 years in solo or group

acts; children age 6 to 8 years in solo or group Air Force Services Agency Headquarters for acts; preteen age 9 to 12 years in solo or group acts; teen age 13 to 15 years in solo vocal, solo instrumental, solo performance/specialty act and group acts: teen age 16 to 18 years in solo vocal, solo instrumental, solo performance/specialty act and group acts; parents and youth acts; husband and wife acts; and family acts. For teams with varying ages, the age of the oldest child will determine the category the team falls into.

There is no registration fee to enter the talent show, said Glover.

Individuals interested in participating in this year's talent show can pick up registration forms, program guidelines and photo release forms at the community center. The registration forms must be turned in today, said Pientack.

"Winners from the talent show will be awarded a ribbon, a medal or a trophy," said Pientack. The talent show will be video taped by the youth center who will forward the video footage of the winners from all categories to

review and a chance to compete in the Air Force worldwide talent show. Participants who win first place in the Air Force talent show will be invited to perform with Tops in Blue when the team visits D-M, and will receive a \$500 savings bond.

In addition to the talent show there will be tickets available for purchase at the price of twenty-five cents each or five for \$1, for children to participate in numerous West Fall Fest games and activities, said Pientack. Games offered will include a basketball shoot, a lollipop game, ring toss, bowling, a milk bottle game, a duck pond game, ping-pong, a cake-walk and a hat-walk game. The cake-walk game is similar to musical chairs except there are numbers on the floor instead of chairs. When the music stops a number is picked and the child standing on that number will receive a home baked item.

The hat-walk is played the same way except

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Continued from Page 1

multiple responsibilities here, the main mission is providing close air

BAGRAM AIR BASE, Afghanistan – Staff Sgt. Jerrad Oakes, 455th Expeditionary Operations Group, takes a 30mm ammunition round to place it in a loading sleeve for loading on an A-10 Thunderbolt II. Oakes is deployed here as Air Expeditionary Force Blue from Spangdahlem Air Base, Germany.

support for soldiers, which is airpower support in close proximity of friendly ground forces. At Bagram Air Base, this responsibility lies with the capable A-10 Thunderbolt II aircraft.

"The majority of the personnel

here with the EOG are [part] of the fighter squadron," said Col. Thomas Groznik, 455th EOG commander deployed from Spangdahlem. "Because of this, the EOG will reflect the image of the fighter squadron here, which will soon be the Bulldogs."

The airmen arriving from D-M are finding the living conditions to be much better than expected.

"I thought we were going to be sleeping on cots in tents without air conditioning or heat," said Master Sgt. Allan Kuntz, 455th EOG first sergeant deployed from D-M. "Instead, what I found was people moving into timber huts and sleeping on beds. I was also surprised to find we had hot water for showers and washing machines."

But despite the living comforts available here, the enemy threat is high and the ground forces are redeemed often by the A-10s.

"The roots of the global

war on terrorism are right here in Afghanistan," said Johnson. "This is a real mission. We see results every day."

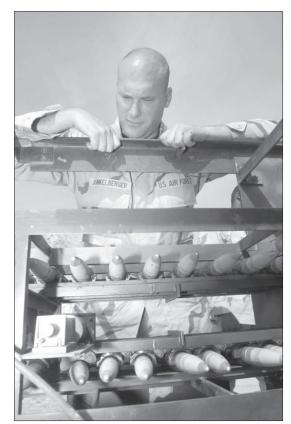
Johnson, who has dropped iron on several occasions during this deployment, said the gravity of killing in mass numbers must be approached without sentiment.

"In the moment of engagement you have to focus on several things at once," he said. "The emotion has to be put to the side when you're employing weapons. I know people die when I drop munitions. But it's the enemy who dies, and that prevents the death of friendly forces."

The airmen serving here all contribute to the final business, which is dropping bombs. Although not everyone ventures outside the wire into enemy territory, all forces here are still very vulnerable to incoming rockets. Because of this threat, bunkers fortified with several layers of sandbags are found at almost every turn. The military remains on high alert at

Although it's a dangerous business, it is necessary for the Air force to be here. Operation Enduring Freedom would not be a success without airpower, said

all times.



BAGRAM AIR BASE, Afghanistan – Tech. Sgt. Duren Dunkelberger, 455th Expeditionary Operations Group, inspects 30mm ammunition rounds for defects and damage before they are loaded on an A-10 Thunderbolt II for combat here. Dunkelberger is deployed here as Air Expeditionary Force Silver from Davis-Monthan Air Force Base, Ariz.

Groznik.

"AEF Blue and the Panthers set a high standard," he said. "I have no doubt that AEF Silver and the Bulldogs will raise that bar. That's just our military nature. We're competitive."

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Congratulations

The following lieutenant colonel selects were selected for senior developmental education candidacy:

Maj. Howard Osborne, 355th Comptroller Squadron; Maj. William Brinley, 612th Support Squadron

Talent

Continued from Page 4

the prize is a hat the child can decorate at the crafts table. Tickets can also be used for children to play in the jumping castle and ride the lady bug train.

In addition to games, there will be food and drinks available for purchase. All profits from ticket and food sales will be used to enhance the base youth programs, said Pientack.

For more information, call the youth center at 228-8844 or the community center at 228-3717.

355th MSS

Offers education fair following CCAF graduation

By Stephanie Ritter

355th Wing Public Affairs

Davis-Monthan Air Force Base will take time to honor the accomplishments of 96 of its own from 20 specialty codes Monday.

During the Community College of the Air Force fall 2003 graduation ceremony, held at The Mirage Officers' Club at 2 p.m., graduates will be recognized for receiving their Associates Degree of Applied

Science in their Air Force Specialty Code, said Michelle in their family to receive a college Marinelli, 355th Mission Support Squadron education counselor.

"Of the 96 graduates, 33 different degree programs will be awarded," said Marinelli.

According to Rafael Maldonado, 355th MSS education counselor, graduation signifies a tremendous accomplishment for the members.

"People have worked hard to get to this point," said Maldonado. "Several of the students are the first degree."

But more than just an accomplishment, a college education is an extremely important thing to have in this day and age, said Maldonado. "A degree may not guarantee a job but it definitely does a lot to increase a person's chances."

See *Fair*, Page 6

CFC, D-M members give needed aid

By Staff Sgt. Troy Hawkes

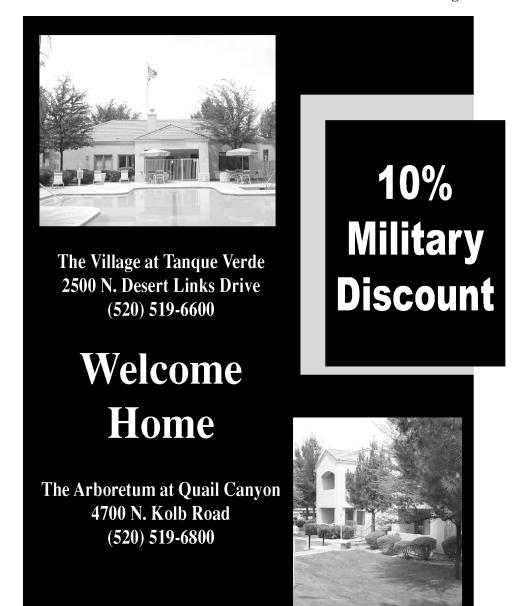
355th Wing Public Affairs

The Combined Federal Campaign wrapped up today and the Davis-Monthan community generously donated more than \$338,000 dollars to charitable organizations, exceeding last year's total by quests for funds. more than \$10,000.

The CFC offers D-M airmen an opportunity to skim through a book filled with more than 1,800 charities and pick the one they want, rather than trying to sift through countless individual re-

"Before the CFC was organized, each individual organization would solicit donations from federal employees throughout the year," said Capt. David Gilkes,

See **CFC**, Page 6





878-0111

531-1234

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Fair

Continued from page 5

The education center is working hard to offer the D-M community the resources they need to increase their chances and obtain their degrees.

Immediately following the graduation there will be an education fair, and representatives from 18 colleges and universities in the local area will be on hand to provide information regarding

their various degree programs and inform people of their options for higher education.

"We have had education fairs in the past, but this is the first time we have coordinated it with the CCAF graduation," said Marinelli. "We wanted to provide our graduates with the opportunity to explore continuing their education after their associate's degrees. In addition, we wanted to open up the education fair to the entire base community. In fact, the participating colleges have gener-

ously sponsored the graduation ceremony."

A wide variety of schools will be represented at the fair to include everything from art design to truck driving schools to medical institutes.

"One important thing is that the education fair is not just for military members," said Marinelli. "We made sure to have a wide variety so that we can appeal to various interests. This will be a great opportunity for the base as a whole to have easy access to these col-

leges all in one place."

In addition to the available information, attendees also have an opportunity to receive give-aways and freebies sponsored by the schools, said Marinelli. "Pima Community College will be giving out two free scholarships which should be another incentive for people to come and see all that we have to offer."

For more information on the CCAF graduation ceremony or the education fair, call Malonado or Marinelli at 228-3813.

CFC

Continued from Page 5

*See store For details.

CFC program manager. "This caused problems because the rules were not well defined. After 1960, the CFC brought all the fundraising efforts under one umbrella; one campaign once a year. All the different organizations were presented in a brochure to help federal employees choose where to donate through payroll deductions."

Once the CFC consolidated all the charitable causes into one source, and was proven as a well-working model, it became the only recognized one.

"The CFC is the only authorized solicitation of employees in the federal workplace on behalf of charitable organizations," said Maj. John Rye, CFC base organizer. "It is also the most successful fundraising model in the world."

Many charities take large percentages of donations and apply them to administrative costs. The CFC breaks down by organization what percentage of donations is applied toward administrative costs.

"In some cases, the CFC requires a smaller percentage of donations go toward administrative costs. Therefore, the donor knows a greater percentage of the donated dollars will go directly to the needy individuals and families, to research and medical services, or to public health education than donations through other fundraisers," Gilkes said.

Combined Federal Campaign donations aid many people every year.

"The money helps a wide range of organizations provide much needed services and support to individuals that need help," said Rye.

"D-M's employees show their compassion and generosity by their willingness to donate an hour or two's wages each month to the less fortunate," said Gilkes.

The CFC empowers them to send their dollars directly to the segment of the community they most want to help. Their giving is a tangible display of their commitment to the community, concluded Gilkes.



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Are you ready for the final exam in readiness?

By Maj. Matthew Mangan

355th Maintenance Operations Squadron

Ready or not, here I come. This familiar refrain from childhood took on a sinister new flavor the night of June 25, 1996. The violent rearrangement of my room in Building 130 of Khobar Towers, Saudi Arabia signaled the start of an unscheduled final exam.

In 1996, the Khobar bombing was still a new and frightening phenomenon. Today, post Sept. 11, 2001, such actions are all too common. However, both then and now are dangerous times because both periods can be characterized by complacency. Then, because it had few precedents, and now because terrorism has become a fact of life.

It is difficult to be ready 100 percent of the time and guard all possible targets. So terrorists have a great advantage — they only have to get it right once to be a success. The statistics tell us there is a chance that one or several of us may be attacked successfully in the future. However, that does not mean we are predestined to become statistics. In fact, there are many things you can be doing right now in order to prepare.

Do you have all your training completed? Did you just show up for class, or did you learn the lessons offered? In times of confusion and heavy stress, our bodies will automatically draw on training we have received. At Khobar Towers, I am proud to say none of our 19 fallen comrades died due to poor or improper self-aid and buddy care.

When the bomb went off, we all drew on

What is your favorite sporting event?

See *Ready*, Page 9

Final Answer



Master Sgt.
Darnetta Watkins
355th Mission
Support Squadron

"I like watching football on Thanksgiving Day because the Dallas Cowboys are playing and you get a good meal. Go Big D."



Retired Navy Chief Petty Officer Jim Schlegel

"I like to watch any golf tournament."



Senior Airman Bruno Carrasco 355th Equipment Maintenance Squadron

"My favorite sporting event is boxing, because I like to watch Roy Jones beat people."



Airman 1st Class Brian Simpson 355th Equipment Maintenance Squadron

"Any football game is my favorite sporting event."



Airman Basic Heather Padilla 355th Mission Support Squadron

"I like to watch the Olympic gymnastics competitions."



Staff Sgt.
Boyce McPherson
355th Logistics
Readiness Squadron

"I enjoy any event in which one of my two favorite baseball teams play, the Texas Rangers and anybody who plays the Yankees."



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Nov. 14, 2003 Desert Airman

Ready

Continued from Page 8

our training and many severely wounded airmen made it home because of improvised bandages and stretchers. Are your self aid and buddy care skills up to a no-notice final exam?

Are you fit? Our Air Force leadership has recognized how important a high level of fitness is to our Expeditionary Air Force. Have you? Is your body prepared to function during a crisis for 36 to 48 hours straight? Could you carry or drag a buddy to safety

and still calmly treat their wounds?

Are your affairs in order? Does the executor of your will know where to find it and do they understand your wishes? You do have a will, don't you?

Although you hopefully never have to make use of any of these documents, just having them and knowing that you have already ensured your family's future will free your mind to concentrate on taking care of yourself and those around you.

How well do you know your people? Do you know how they will react under stress? Do you know who you can rely on in a crisis? Do you know a little something about each person you work with or supervise? In the

hours after the explosion, our number one priority was gaining accountability of an entire aircraft maintenance unit. All of our personnel lists had been obliterated along with our building. So, armed with a blank sheet of paper and our memories, we rebuilt the listing and then checked off each survivor as we contacted them. Then, in the hardest thing I've done in the Air Force, I took our list of missing to the morgue to identify my people. Because I knew them well enough in life, I was able to gain solace in providing a swift and positive identification for their families upon their death.

Are you ready for a no-notice final exam? Because ready or not, it could be any time.

Chief's Group announces October Sharp Troop award winners

Congratulations to the following airmen who recently received the Chief's Group October Sharp Troop Awards. The Sharp Troop Award Program recognizes outstanding airmen in

the grade of airman basic through technical sergeant.

These airman are named Sharp Troop award winners for their projection of a professional appearance, outstanding bearing and exceptional professionalism. 612th Air Communications Squadron
Airman 1st Class Mark Kudlas
355th Equipment Maintenance Squadron
Tech. Sgt. Daniel Saiz and Tech. Sgt. Joel Smith
355th Medical Operations Squadron
Tech. Sgt. Kimberly Scalberg
355th Maintenance Group
Tech. Sgt. Edward Semler
355th Wing
Airman 1st Class Molly Shoemaker



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ANTH 311	Urban Adaptation of Ethnic Groups	THUR	1:10-3:40pm	Alexander
CHN 482	Social History of China	THUR	6-8:30pm	Francev
ENGL 306	Advanced Composition	WED	7:30-10:00am	Robinson
ENGL 308	Technical Writing	TUES	7:30-10:00am	TBA
ENGL 309	Poetry Writing	MON	7:30-10:00am	Tamez
ENGL 404	Advanced Fiction Writing	THUR	1:30-4:00pm	Freund
ENGL 477	Studies of Native American Literature	MON	1:30-4:00pm	Adamson
FSHD 377	Adolescence	THUR	7:30-10:00am	Pollack
FSHD 410	Leadership Concepts and Content	FRI	10-12:30pm	Keim
HIST 345	New American West	WED	1:10-3:40pm	Mutchler
HIST 412a	European History 1600 to the Present	TUES	3-5:30pm	Citera
HIST 420	The French Revolution and Napoleon	TUES	12-2:30pm	Citera
HIST 438	U.S. 1918-1945; WWI through WWII	THUR	3-5:30pm	Francev
HIST 482	Social History of China	THUR	6-8:30pm	Francev
PA 480	Formation of Public Policy	THUR	3-5:30pm	Rayan
POL 309	Judicial Process	MON	6-8:30pm	TBA
POL 448	Government and Politics of Mexico	MON	3-5:30pm	Lutes
POL 480	Formation of Public Policy	THUR	3-5:30pm	Rayan
PSYC 364	Human Sexuality	MON	2-4:30pm	Jacobs
PSYC 469	Clinical Psychology	SUN	3-5:30pm	Jacobs
SPAN 333	Intermediate Comp & Conv for	FRI	2-7pm	Kartchner
	Native Speaker (Jan 16 - Mar 26, 2004)			
SPAN 350	Readings in the Literary Genres	Internet	Internet	Franco-Cuevas
SPAN 441	Children's Literature in Spanish	Internet	Internet	Franco-Cuevas
SPAN 449	Topics in Spanish-American &	Internet	Internet	Franco-Cuevas
	Mexican-American Literature			
SPAN 473*	Spanish for the Classroom	Internet	Internet	Kartchner
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Desert Airman





Sonoran Spotlight

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member (officer, enlisted or civilian) of the Davis-Monthan Air Force Base Desert Lightning community. Members are nominated by their unit commander or first sergeant.)

Name: Senior Airman Sabrina Baker Organization: 355th Civil Engineer Squadron

Duty title: Explosive ordnance disposal *Hometown:* Orlando, Fla.

Years of service: Two years, nine months **Reason for joining the Air Force:** I joined the Air Force to serve my country and because of family tradition.

Main responsibilities: My responsibilities include the detection, identification, rendering safe and disposal of U.S. and foreign chemical, nuclear, biological, conventional munitions and improvised explosive devices. **Best aspects of job:** It's unlike anything else. We do some amazing things, plus getting to

blow things up for a living is pretty cool. *Goals:* My goals are to make staff my first time testing and someday become a chief. *Hobbies/outside activities:* I enjoy football, hiking, skydiving and rock climbing. *Favorite thing about D-M:* I have met some really great people here.

My best assignment: My technical school was at Eglin Air Force Base, Fla. I loved it, I was five minutes from the beach and not far from home.

Inspiration: My mom is the most amazing woman I've ever met. She is all the things I hope to be. She had to be a mother and a father at times, and filled our house with love and laughter. She is my hero.

Senior airmen and staff sergeants graduate Airman Leadership School Nov. 6

Graduates: 25th Operational Weather Squadron- Senior Airman Thomas Burton, Senior Airman Spencer Hedine, Senior Airman Lori LaCoste, Senior Airman Jack Manigold II; 79th Rescue Squadron-Senior Airman Jeremy Bailey, Senior Airman Melissa Locher; 354th Fighter Squadron- Senior Airman Joshua Page, Senior Airman Kyle Shadden; 355th Aerospace Medicine Squadron- Senior Airman Xavier Ian Goco; 355th Civil Engineer Squadron-Senior Airman Jarin Hunt, Senior Airman Derreck Weatherford; 355th Communications Squadron- Senior Airman Stephen Whitley; 355th Component Maintenance Squadron- Senior Airman Jesse Marshall; 355th Contracting Squadron- Senior Airman Shaun D. McGinnis; 355th Equipment Maintenance Squadron- Senior Airman Manuel Ayala, Senior Airman Rich Foley, Senior Airman Trevor Robertson, Senior Airman Adam Theriault, Senior Airman Shawn Wise; 355th Logistics Readiness Squadron- Senior Airman Alondra Montano Chavez, Senior Airman Stanley Guzman, Senior Airman Shari Hastings, Senior Airman Benji Roberts; 355th Maintenance Operations Squadron-Senior Airman Jelira Stahl; 355th Medical Operations Squadron-Senior Airman Tara Parker; 355th Mission Support Squadron-Senior Airman Breanna Bowlds, Senior Airman RoseMarie Crum; 355th Operations

Group- Senior Airman Mignon Couto, Staff Sgt. David Keyfauver, Senior Airman Tommy Tam; 355th Security Forces Squadron- Senior Airman Walter Andrews Jr., Senior Airman Kalene Carl, Senior Airman Jose DeJesus, Senior Airman Patrick Pacheco, Senior Airman Matthew Zien; 355th Wing- Senior Airman Nikesha Perryman; 563rd Maintenance Squadron- Senior Airman Joshua Breaux, Senior Airman Joseph Cziko, Senior Airman Adam Hodel, Senior Airman Keith Mahoney, Senior Airman Travis Romesha; 612th Air Communications Squadron- Senior Airman Kevin Fossett, Senior Airman Manuel Fernandez, Senior Airman Kenneth McGhee, Senior Airman Adam Rudolph, Senior Airman Daniel Sawvel; 755th Aircraft Maintenance Squadron- Senior Airman Paul Preyer

Airman Leadership Award winners: John. L. Levitow Award: Staff Sgt. David Keyfauver, 355th OSS; Academic Achievement Award: Senior Airman Nikesha Perryman, 355th Wing; Distinguished Graduate Awards: Senior Airman Lori LaCoste, 25th OWS; Senior Airman Joseph Cziko, 563rd MXS; Senior Airman Shaun McGinnis, 355th CONS; and Senior Airman Travis Romesha, 563rd MXS; Leadership Award: Staff Sgt. David Keyfauver, 355th OSS

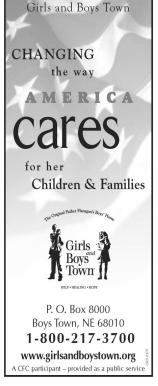


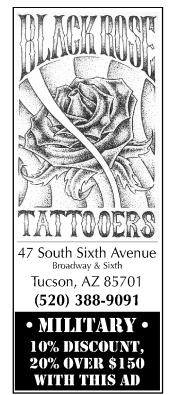
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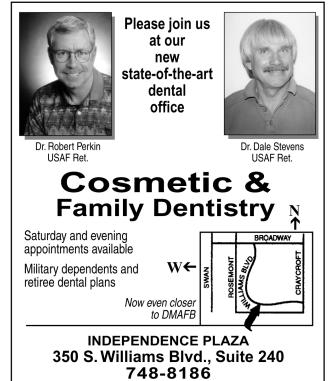
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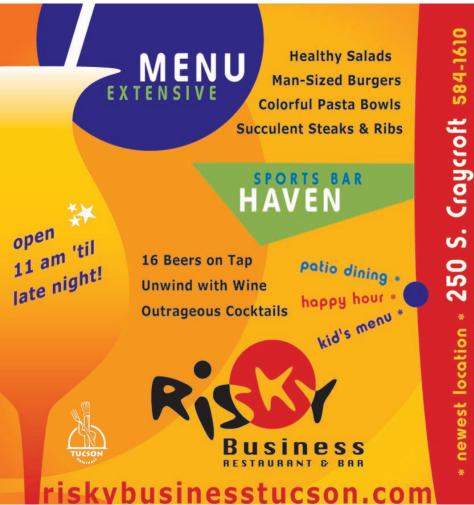
















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October Photo Caption Contest - Submit Your "Cutline"

Winners

Man on left, "... and that is how babies are made..."

Cory Mader

Dependant of Tech Sgt. Craig Mader, 355th Equipment Maintenance Sauadron

"After reviewing your divorce papers, she not only wants the house and the car but your new Desert Lightning PT gear as well!" Anonymous

Honorable mentions

Captain Krunch just got word that Col. Sanders will be his wing-man on his next sortie. **Senior Airman Nicholas Samaras** 612th Air Communications Squadron

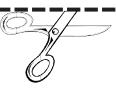
"We just received this from INTEL. Looks like you are #1 on Santa's "Naughty" list this year." **Tech. Sgt. Richard Roberts** 355th Equipment Maintenance Sauadron

(Editor's note: "The Lighter Side" is a forum for all D-M members to submit original, previously unpublished Department of Defense, Air Force, 355th Wing and D-M comics, cartoons, photographs and humorous military stories and quotes. Political satire $and\ altered\ photographs\ will\ not\ be\ published.\ "The\ Lighter\ Side" is\ for\ entertainment$ purposes only. Contributions for "The Lighter Side" can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to <u>desert.airman@dm.af.mil</u>. The editor can be reached directly at 228-5714.)



Tech. Sat. B. Coors-Davidsor

Desert Lightning Freebies



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The community center offers Bingo games Tuesdays for the entire Desert Lightning Community. Doors open at 5 p.m. Early bird games start to 6:30 p.m. Jackpots range from \$50 to \$1,000. Must be 18 to play. Expires Nov. 30.

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Craycroft receives repairs

Civil Engineer Squadron practices savvy, saves Davis-Monthan money

By 2nd Lt. Timothy Fryar 355th Civil Engineer Squadron

By now, the base populace is sure to have noticed all the construction taking place on Davis-Monthan. Contrary to popular belief, not all this construction is done by civilian contractors.

One of the base's most highly visible projects was completed in-house by the 355th Civil Engineers' pavement and equipment shop.

The Craycroft Road paving project was of massive proportion, requiring the removal of 7,500 tons of concrete (from Quijota Blvd. to the Craycroft gate), which was part of a 1950's-era aircraft parking ramp. The pavement and equipment shop placed 5,200 tons of base course and 1,500 tons of asphalt. The crew also installed 2,400 linear feet of curb and gutter in order to improve drainage, helping to eliminate water-ponding during the rainy season.

Another welcomed improvement was the installation of 1,400 linear feet of sidewalk. The 355th CES saved \$400,000 by doing this project in-house instead of hiring a contractor. The finished product's quality is unmatched and sets the pavement standard for

Air Combat Command.

While one group of engineers performs the actual repairs, another helps decide when and where to do the work. The 355th CES maintenance engineering flight is starting a new, technologically advanced pavement maintenance and repair program. By performing maintenance and repair during the early stages of pavement deterioration, in Tucson, usually around the seven-year mark, more than 50 percent of repair costs can be avoided. In addition to lowering costs, long periods of closure to traffic can be avoided, improving quality of life.

MicroPAVER, a computer software program, is a new tool used to evaluate and rate the past, present and future condition of our base pavements. MicroPAVER computes a pavement condition index which allows us to compare all pavements, rating them on a number scale from zero to 100. MicroPAVER inputs are used to help prioritize which pavement structure gets repaired first, based on budget and mission impact.

Pavement seals and rejuvenators can be used on existing pavements in order to keep them from becoming degraded, vastly increasing the life span of the pavement. The decision to perform major construction is

made by balancing the PCI ratings with available budget. With proper maintenance and repair, along with reoccurring work and future inspections of all base pavements, Davis-Monthan's pavement infrastructure will be unparalleled in ACC.

So what's next? In previous years the pavement and equipment shop was frequently seen building parking lots and repairing roads around base. Operations tempo and funding constraints slowed the amount of large, in-house construction projects done by the pavement and equipment shop. However, that has recently changed with increased manning and the release of approximately four million dollars in construction funding. This has opened the door for the completion of many more projects in our paving plan.

The base civil engineers have already started on lots near Building 129 (by the 41st Electronic Combat Squadron) and you will see additional work at the arts and crafts center's lot.

Expect to see more of the pavement and equipment shop around base making significant improvements to our base community and ensuring the best stewardship of Air Force funds.



Photos by Staff Sgt. Matthew Lol

Off we go into the wild blue yonder ...

(Above) Airman 1st Class Rueben Amaya, 355th Maintenance Operations Squadron, gets fitted for chemical warfare gear for his upcoming deployment by Airman 1st Class Jose Martinez, 355th Logistics Readiness Squadron. (Top right) Airman 1st Class Shawn Koch, 355th Component Maintenance Squadron, packs his bag as he gets ready to deploy. (Bottom right) 355th Logistic Readiness Squadron airmen issue chemical protective gear to deploying members of Davis-Monthan.





A Perspective

Defense key to walking, jogging

By David Konkol

355th Civil Engineer Squadron

At this time of year, as the weather cools, more of us are getting out to improve our health conditions and get some much needed exercise. I noticed this increase in walkers, joggers and bicyclists to and from my route to work and in my travels around the city. My reaction to the increase is to be more aware and defensive in my driving habits while operating my motor vehicle. The key word here is defensive.

Through most of our driving careers, we have been taught, preached to and briefed about defensive driving. Always be aware of your situation while behind the wheel and look out for the other guy. Be on the ready to avoid an accident. This is good advice and should be heeded by all who drive. But when out of the vehicle and in the jogging or cycling outfits, some people seem to disregard that defensive attitude and proceed with their exercise routine on the streets of the city with an attitude of rightof-way. I am not exactly sure how much the average motor vehicle weighs but I think I can be reasonably sure it is about 10 to 15 times the weight of the average walker, jogger or bicyclist.

I live in an area of Tucson that has wide sidewalks and bike lanes on the major roads within the subdivision. All intersections going into and coming out of the subdivision are well signed. painted and lighted. The areas within the housing part of the subdivision have wide sidewalks, but the intersections are not painted with crosswalk lines and most of these streets are not lit. It seems there is adequate room for all to drive, jog, walk and cycle, but some folks want more room because they believe that as pedestrians they deserve a constant right-of-way.

I usually leave for work at about 6 a.m. It is still dark and there is a good amount of traffic on the road going to work. A few days ago on my way to work, I approached an intersection within my subdivision leading to a four-lane divided roadway separated by a median with desert foliage. There was a small pick-up truck in front of me turning left into the far lanes of the major roadway. I could see the driver look to the right, then to the left for oncoming traffic. I could see the driver of the truck then begin to proceed into the turn and at the same time looked one more time to the right. About that same moment a jogger appeared from the driver's right side and quickly jogged in front of the pick-up truck, causing the truck to come to an abrupt stop. The driver barely avoided hitting the jogger.

I wondered why the truck driver didn't see the jogger, who must have been close when the driver looked to the right the first time. When I proceeded forward to the intersection for my turn. I could see why the truck driver could not see the jogger. From my position at the intersection, a jogger coming from the right would be in direct line of the foliage in the median. The limbs of the jogger blended with the limbs of the foliage and the oncoming vehicle lights in the background. I commend the truck driver for being defensive.

This is only one instance of many that all of us see daily in our travels. I am part of this group of walkers and joggers.

However I have taken up an attitude of defensive exercise. When I am out on the streets of my subdivision, I look out for myself. When I am approaching an intersection, I always look and listen ahead for any vehicles approaching the intersection and any vehicles turning onto the road I am about to cross.

If there is a vehicle stopped at the intersection waiting to turn onto the crossing roadway, or if there is a vehicle turning onto the street I am about to cross, I will either stop and give the vehicles the right of way or, if possible, proceed in a safe manner behind the vehicle waiting in the intersection. It may cost me a few more strides, but what the heck, isn't that what I'm out there for? It's a no-brainer anyway, that a vehicle is a lot harder and heavier than I am, and I will

be the loser if I challenge the vehicle for that precious right-of-way.

But I am not finished yet. How about the walker or jogger who leaves the sidewalk to walk or jog in the bike lane of the roadway? I haven't figured these people out yet. It must be that the asphalt of the roadway is softer than the concrete of the sidewalk. Why else would someone put him or herself in harm's way and leave a curbed sidewalk to get closer to the vehicle traffic of the roadway?

But you can tell some of these folks are safety conscience because they do this facing traffic. And how about the bicyclists who have a wide lane of their own between the sidewalk and the vehicle roadway but ride on the white line that separates the bike lane from the vehicle lane like it is a tightrope?

Let's get to the point here; walkers, joggers and bicyclists should become defensive just as we have been taught while operating a motor vehicle.

They have a responsibility to follow the laws and rules-of-theroad not only to protect themselves for their family and friends, but the vehicle operators, families and friends.

The right-of-way should not mean a jogger/walker has the right to be in harm's way and jeopardize motor vehicle operators and themselves.

It would be sad for the epitaph of a jogger to read; "He or she died jogging to improve their health and well-being, and had the right-of-way."

Sports Shorts

5K run top finishers

Congratulations to these top nine finishers, who earned Commander Trophy points as a result of their performance in the Intramural 5K Run, held Nov. 7.

Jonathon Mason, 20:01; Shane Castle, 20:11; Michael Morgan, 20:52; Paul Homan, 21:46; Jeff Halstead, 22:10; Troy Phelps, 23:17; Sam Salinas, 23:22; Jonathan Howell, 23:23; and Richard Meyers, 23:24.

Outdoor adventure trail club

The next teen adventure outdoor club meeting is Thursday at 7:30 p.m. This club is to provide high adventure and outdoor recreation activities for youth ages 13 to 18

years old, and gives teens the chance to learn about equipment selection and care, safety, risk management and an appreciation for the environment. Outdoor recreation experiences can enhance socialization skills, problem solving abilities, conflict resolution and more. Trips include: ballooning, tubing, white water rafting, camping and hiking.

21st Annual Global Volkssport XXII

The 355th Services Squadron Outdoor Recreation Activity sponsors the 21st annual USAF Global Volkssport XXII at Davis-Monthan Air Force Base Nov. 23. This event will be held regardless of weather conditions. For more information, call 228-3736.

City Senior Men's bowling

The D-M bowling center will host the Tucson City Senior Men's Bowling Tournament Nov. 22 and 23. For more information, call 228-3461.

Base, club golf championships

The Blanchard Golf Course will host their annual Base and Club Golf Championships Dec. 6 and 7 starting at 7 a.m. The championship is open to all active duty, family members and Department of Defense civilians assigned to D-M. Participants must have a current Arizona Golf Association, D-M or U.S.

——— See *Sports Shorts*, Page 16

Desert Airman

Sports Shorts

Continued from Page 15

Golf Association handicap. Participants will be flighted by handicaps and must declare championship flight and senior flight (55 and older) at time of sign up. All flights will be gross except seniors, which will be net. Major awards categories are: base champion, club champion, senior champion and senior net champion. Entry fee is \$30 and includes prizes, food and awards. Green fees and carts extra. For more information, call 228-3734.

Single? Play golf?

If you are single, 21 or older and enjoy playing golf, call 798-6338, or visit the web at www.tucsonsingles golf.com.

Scoreboard

12 AF

Team

Strike Outs

Donna's Darlins

Almost There

Rolling Pins

Three Bees

Cool Cats

563 HMU

Flag **Football**

Monday-Wednesday

Monday-Wedne	zsuc
(as of Nov. 5)	
<u>Team</u>	W-L
CMS	4-0
358 AMU	3-0
EMS	3-1
43 AMU	3-1
LRS	2-1
612 ACOMS	3-2
OSS	2-2
MDSS	1-2
347 RQS	1-3
357 AMU	1-3
CONS	0-4
MSS	0-4

Tuesday-Thursday

(as of Nov. 5)

3-0

4-1

SFS#2

CES

MOS

79 AMU 41 AMU

(Week 8)	
<u>Team</u>	W-L
Sunflower Gals	41-23
Wee Bee Bad	37-27
We'd Rather B Sleeping	34-30
Monarchs	34-30
Ping Kel	32-32
The Young'ens	30-34
3 APO	28-36
Hit & Miss	20-44
OWC	
(Week 7)	

Bowling

CMS MDG COMM#2 38-34 EMS/AMMO#1 36-36 Lockheed 32-40 Tuesday Early Risers 25 OWS #1 30-42 AMARC 28-44

AMARC Woodmill

SVS#1

2-3

2-3

COMM#1

CPTS#2

CONS

EMS#2 12 AF #1 24-48 25 OWS #2 22-50 CF Mixed Trio

Intramural - Natl

(Week 9)

CL MIXEU IIIO			
(Week of Oct. 23)			
<u>Team</u>	W-L		
Pin Action	27-5		
Got Beer	22-10		
The Cans	20-12		
Brew Crew	20-12		
Good Bad & Ugly	19-13		
Ray's Raiders	17-15		
Cruisers	15-17		
Ernie's Rebels	13-19		
BJ's Buns	12-20		
Just 4 Fun	9-23		
Leave The Bangs	9-23		

Dirt Boys

52-50

50-22

44-28

28-44

28-44

Thursday Nig	ght
<u>Team</u>	W-L
Man On	46-18
Six Shooters	44-20
Mission Impossible	40-24
FUBAR	40-24
Four Seas	38-26
May Bees	38-26
Fran's Friends	36-28
O Spare Us	36-28
Mickey's Mavericks	34-30
Shaka II	32-32
PBJs	27-37
Fama Orrs	26-38
3 Jays and Me	24-40
PCs	22-42
Lane Brains	19-45

9-23

Team 6

Team 5

Team 1

Team 4

<u>Team</u>

Team

Team 10

The Turkeys

Pee Wee Boys

Pee Wees

(Week 8)

Bantams/Preps

(Week 8)

22-42		
	The ABC's	36-28
19-45	Kool Kats	34-30
	Pin Knockers	32-32
14/ 1	Youth	
	(Week 8)	
	<u>Team</u>	W-L
	The Who's	47-17
	The 4 Angels	46-18
	Hit Em Up 2.0	41-23
	Allev Kats	38-26
18-30	E-Z Rollers	36-28
	Strike Force	36-28
	Why R We Here?	30-34
	3 Guys & A Gal	26-38
W-L	The Nitwitz	26-38
22-2	The Headpin Strikers	24-40
20-4	The Strikers	20-44
	22-2	19-45 Kool Kats Pin Knockers Youth 32-16 (Week 8) 28-20 The Who's 22-26 The 4 Angels 4 Hit Em Up 2.0 Alley Kats E-Z Rollers Strike Force Why R We Here? 3 Guys & A Gal W-L The Nitwitz The Headpin Strikers

Nov. 14, 2003

16-8

8-8

8-16

8-16

6-10

W-L

W-L

12-12



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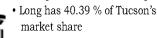
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38-18

30-26

30-26

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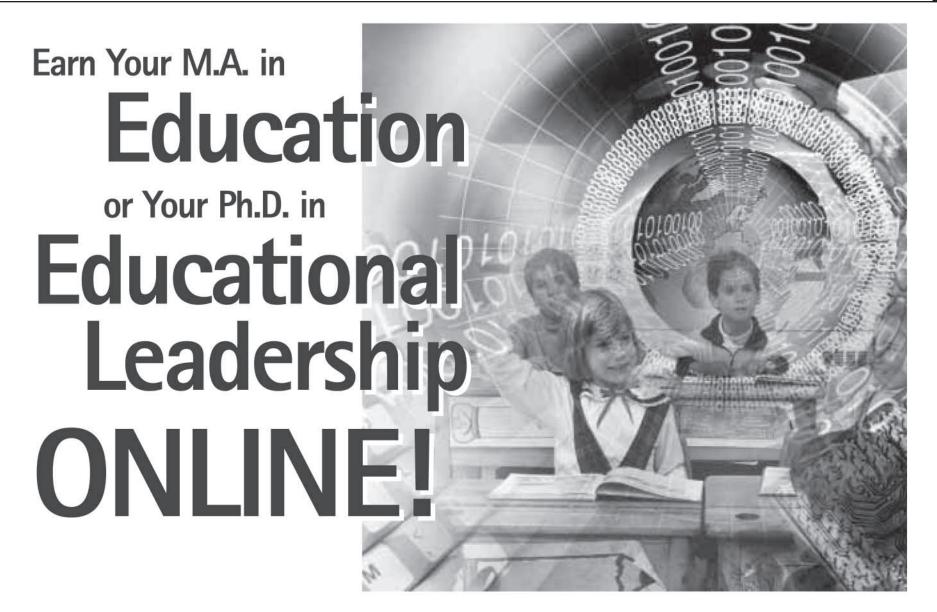
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Now accepting applications for the December 8 session. Application deadline: November 21, 2003

Chapel Information

Services and activities offered by the D-M chapel are listed below. Location is at the Desert Dove Chapel unless otherwise noted. The Desert Dove and Hope Chapels share the parking lot at 5385 E. Ironwood. For more information on Jewish or Muslim services; Sunday School programs; Vacation Bible School; Bible studies; youth groups; and women's, men's and family ministry, call 228-5411.

Catholic Mass schedule

Saturday: Mass is at 5 p.m. Sacrament of Reconciliation is at 4:30 p.m.

Sunday: Mass is at 7:30 and 10 a.m. Sacrament of Reconciliation is at 9:15 a.m.

Daily: Mass is at 11:30 a.m. at Hope Chapel. Rosary begins at 11:10 a.m.

Protestant Services schedule

Sunday: At Hope Chapel, Contemporary Service is at 8:30 a.m. and Gospel Service is at 11:15 a.m. Traditional Service is at 11:15 a.m.

Education Services

Base Training, Education Services

Due to official functions including Community College of the Air Force graduation and education fair, the BTES office will close Monday at noon and will re-open at 8 a.m. Tuesday. For more information, call Phil King at 228-3812.

Troy State University

Troy State University as a participant in a Miller Analogies Test Research Study, is offering the MAT free until Jan. 31. The regular fee of \$75 is waived for all students who participate in the research project. The MAT is a graduate program entrance exam required by many universities. The purpose of the study is to determine the effect of administering computer based version of the MAT. For more information, call Carolyn Saunders at 748-2625.

PIMA Community College

Pima Community College at Davis-Monthan is soliciting inputs from on-base organizations to assess interest in computer software workshops. One day workshops covering Microsoft Excel, Access, Word, PowerPoint and FrontPage were previously provided. Depending on interest, Pima can offer newly formatted computer workshops in two-day blocks, from 8 a.m. to 4:30 p.m. for each one credit hour workshop. These workshops can be scheduled for open enrollment or tailored for individual organizations. For more information call Ted Roush at 206-4866 or e-mail Ted.Roush@pima.edu.

Spouse scholarship

Applications for the Aerospace Education Foundation's Air Force Spouse Scholarship are available in the education center office or the family support center. Applications are accepted by the AEF until Jan. 30. There are 30 \$1,000 scholarships that will be

awarded in March by the AEF. For more information, call 1-800-291-8480, e-mail <u>AEFstaff@aef.org</u> or visit <u>www.aef.org</u>.

Family Support Center

Baby Basics

If you are pregnant or are already a mother, come and learn about your baby's development Tuesday from 1 to 4 p.m. on the second floor of Building 4220. Discussions take place regarding basic infant care, growth and development. For more information, call 228-5690.

Time For Tots

The next Time for Tots are Tuesday and Nov. 25 from 9:30 to 10:30 a.m. at the Desert Dove Chapel. Come and meet other parents while the children enjoy fun and activities. For more information, call 228-5690.

Transition Assistance Seminar

The next TAP Seminar is Wednesday through Nov. 21 from 8 a.m. to 4 p.m. in Building 3200, Room 266. This seminar focuses on preparing departing service members to conduct an effective job search in the civilian marketplace. Individuals can attend two years prior to their retirement or within a year from separation. For reservations, call 228-5690.

Deployed Spouse Information Seminar

If your spouse is deployed or on remote tour and you would like to know what programs the wing has to support you, come to a morning, afternoon or evening full of good information. The seminar takes place Nov. 21 at 9 a.m., 2 and 7 p.m. at the Desert Dove Chapel. Free babysitting at the 7 p.m. seminar only. Please make reservations to sign up for the class and to get a home daycare provider's list by calling 228-5690.

Veteran's Affairs claims assistance

A Veteran's Affairs representative provides group appointments at 10 a.m. and noon Nov. 24 in Building 3200, Room 266 concerning veterans and disability benefits. To sign up, call 228-5690.

Happenings

Airman's Attic

The Airman's Attic is open Thursdays from 5 to 7 p.m. and the third Saturday of each month from 3 to 5 p.m. Doors are always open for drop-offs. For more information, call 228-4098.

Off-leash dog park on D-M

The D-M First Six Advisory Council is conducting a survey to determine the interest in an off-leash dog park on base. If this is a benefit that you would like to see on D-M, please take the survey at the First Six Web

site at https://intranet/first6/. Maximum participation is requested to get this project started. The survey is three questions and takes less than a minute to complete. The survey will be accessible until Nov. 21. For more information on the First Six Advisory Council, send an e-mail to First.Six@dm.af.mil.

Thrift shop

The Davis-Monthan Thrift Shop, located in Building 3220 across from the bowling alley, is open Tuesdays and Wednesdays from 9 a.m. to 2 p.m. Consignments are taken until 1 p.m. To reserve space for large items and furniture, call 228-2120.

Movies

Movies begin at 7 p.m. unless otherwise noted. Admission is \$3 for adults and \$1.50 for children under 12 and senior citizens. Admission is for ID card holders and their guests only. For the theater movie recording, call 228-5694.

Friday: Underworld

(R) Set in the secret nocturnal and supernatural world of two groups that have been at war for centuries, vampires and werewolves. This is the story of a romance between a female vampire warrior who is famous for



her strength and werewolf-hunting prowess, and a peace-loving human, Michael, who wants to end the war. *2 hours, 1 minute*

Saturday: The Rundown

(**PG-13**) When Travis, the son of an underworld kingpin, disappears in the Amazon in search of a priceless artifact, Beck (played by The Rock), the kingpin's retrieval expert, is sent to get him. Despite their hostility - and



their love for the same woman - the two must eventually join forces to fight the evil head, played by Peter Walken, of a gold-mining corporation who is after the same treasure. *1 hour*, *30 minutes*

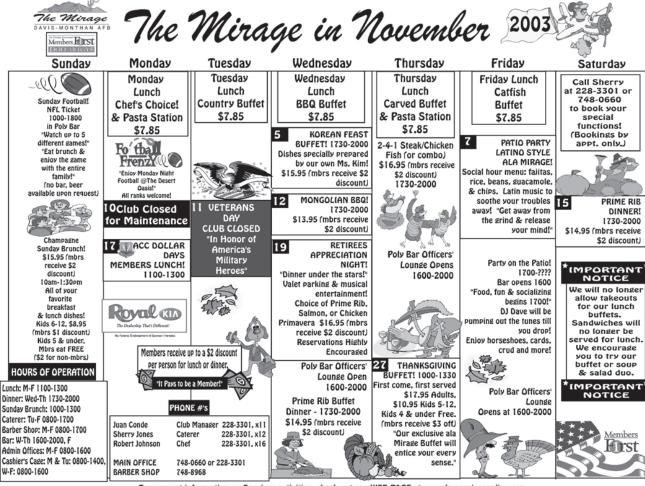
Sunday: The Fighting Temptations

(PG-13) When New York City advertising executive Darrin Fox travels back to his small hometown to claim the inheritance his aunt Sally left him, he finds he must fulfill her last wish before he can collect — create a gospel choir and lead it to success. But with a town full of tin ears, Darrin is about

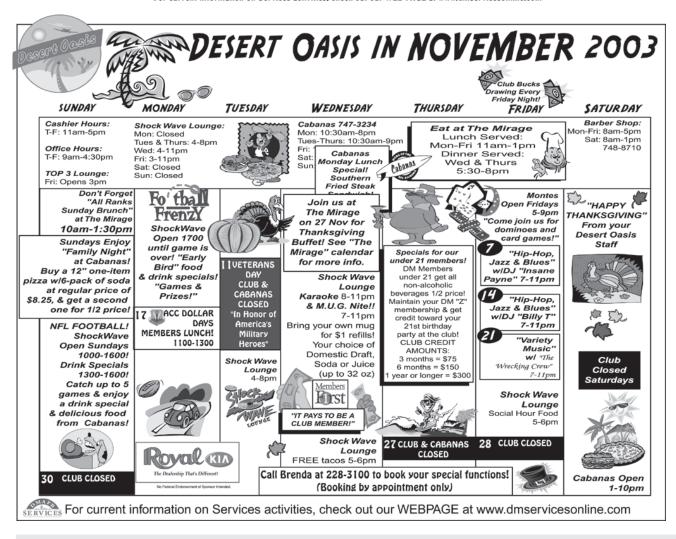
to give up until he runs into a nightclub singer with an amazing voice. Now if only Darrin can persuade her to sing. 2 hours, 3 minutes



Desert Airman Nov. 14, 2003



For current information on Services activities, check out our WEB PAGE at www.dmservicesonline.com



Services Activities

Retirees Appreciation Night

Wednesday is military appreication night at The Mirage Officers' Club from 5:30 to 8 p.m. The theme for the event is "Dinner Under the Stars" and the evening includes valet parking and musical entertainment. Cost is \$16.95 which offers a choice of prime rib, salmon or chicken primavera. Club members receive a \$2 discount. All retirees, spouses and guests are invited. For reservations, call 228-3301.

Childrens workshop

There will be a children's workshop Saturday from 1 to 3 p.m. at the arts and crafts center. The kids will learn how to make holiday ornaments and winter birdfeeders using pinecones. Drop off your children and let their creativity flow. Cost is \$4 per student and includes all supplies. For more information on the children's workshop, call the arts and crafts center at 228-4385.

Adventure in 4-H

Come in and enjoy fun 4-H activities, including leather arm bracelts, community service projects and ceramics. The club meets Nov. 25 from 5:30 to 6:30 p.m. at the community center. For more information call 228-3717.

Nogales Shopping Trip

Find great deals in Nogales Sonora Nov. 29. Upon arriving at the Nogales border on the U.S. side, everyone will be allowed to walk across the border. You must have proof of U.S. citizenship to come back across to the U.S. side. Nogales is a festive Mexican marketplace and a shopper's paradise. There are many restaurants to choose from on either side of the border. Trip departs from outdoor recreation at 8 a.m. and will be leaving Nogales at 3 p.m. Everyone is responsible for their own food and drink. The cost for each person is \$15. Register no later than Nov. 27 by calling 228-3700.

Auto skills overnighter returns

The auto skills center will open at 9 a.m. today and will remain open until 9 p.m Saturday. Refreshments will be available from 5 p.m. today until 9 a.m. Saturday. The center will be closed for business Sunday and Monday. For more information call 228-3614.

Air Combat Command Dollar Days lunch

Enjoy another Air Combat Command Dollar Days lunch at The Mirage Officers' Club Monday from 11 a.m. to 1 p.m. During ACC Dollar Days events, members are treated to \$1 breakfasts, lunches and family nights quarterly. Dollar Days is ACC's supplement to the Air Force level "Members First" program. With the "Members First" program, club members receive discounts on food purchases

and special functions, including holiday buffets and dinners, and on all pro-rated special functions. Members even save 10 percent on all personal functions booked at the club including weddings and birthdays. There is also a special program that provides discounts of 15 to 30 percent at over 4,000 hotels nationwide. For more information, call 228-3301 or 228-3100.

Desert Airman Nov. 14, 2003

Desert Airman Classifieds

Furniture & Appliances

2 matching Sam Levits recliners, less than 4 months old \$280 obo for both. 889-2844 or email brad_smith78 @hotmail.com for pictures.

Tan wooden rectangle dinning room set consisting of table & four chairs. In good conditions on sale for \$80.00. Must go ASAP. If interested call Zabrina @ 514-2705.

Solid Oak Dining Room Table plus 6 Chairs. Orig 1100. Asking \$400 Call Andrea 514-1347.

Homes for Rent

Wilmot area 4 bd, 2 ba, 1700 sa ft large yard enclosed patio mature landscaping \$950/mo. Call Sean 721-9047. 11/14 1TP.

Eastside, newly painted 1600 sq ft tiled, 3 bed, 1 3/ 4bath, dining, family and laundry room, AC. Quiet neighborhood, near schools, large secure yard, large shed, carport. Pets negotiable. \$950 Call 571-9670.

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Brand new 3 bedroom 2 bath house for rent. All appliances and garage. No smoking, pets negotiable. Close to LAFB. \$995/month. 623-386-8801 11/14 1T/P.

Homes for Sale

For Sale By Owner 4 bedroom home, Nice neighborhood, pool, 5 minutes from main gate just West of Wilmot 6201 east 33rd Street \$44,900.00 Negotiable Call 266-1213. TFN

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2001 Nissan Altima GXE Low Miles, PW, PL, Tilt, CC, Great Reliable Transpo	\$8,995 rtation	#3-9337A	2002 Kia Sedona V6, PW, PL, Tilt, Cruise, Great Family Vehicle	\$14,995	#3-7881A
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2001 Chevrolet Impala LS Loaded, PW, PL, PS, Wheels, 3.8 V6	\$11,995	#3-9429	2001 Jeep Wrangler Low Miles, Lots of Fun	\$14,995	#4-7169A
2003 Oldsmobile Alero V6, Auto, PW, PL, Tilt, CC, Low Miles	\$12,995	#3-9366	2002 Chrysler PT Cruiser Limited Leather, CD, PW, PL, Chrome Wheels	\$14,995	#3-4088A
2001 Saturn L300 V6, All Power Options, One Owner	\$12,995	#3-9341	2002 Nissan Frontier Crew Cab V6, Auto, PW, PL, CD, Tilt, CC, Still Under Warranty	\$15,995	#3-8580A
2003 Buick Century Loaded, Still Under Warranty	\$12,995	#3-9394	2002 Ford Mustang GT All the Options, Only 11,000 Miles	\$18,995	#3-8514A
2000 Oldsmobile Silhouette Loaded, Leather, All Power Options, Low Miles	\$13,995	#3-6509A	2002 GMC K1500 4WD Loaded, Only 18k Miles, Save Thousands From New	\$22,995	#3-7878A

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Maternity BDU Pants and Maternity Blues Uniform Items Excellent Condition! \$5 each 885-6100.

Yellow TECNIC Motorcycle jacket- Never worn, still has tags. 100% waterproof, Armorshield armor in shoulders, elbows, and back 12mm padding in kidney area, 8" zipper connection for pants, mens size 48. \$149 at local stores. \$80.00 Call 514-0663

Misc. for Sale

Lawn mower, very basic. Looks and runs great. Lawn mower is on base and can be seen anytime. \$65. Call 514-0663.

Murray 6 HP lawnmower 90. Magnavox 19 in.TV 25. Viewsonic 17 in computer monitor 35. all item are in good condition and work fine 514-9081.

1909 Elburn upright piano - rustic finish, plays beautifully. Great starter piano! We'll hold until Christmas if needed \$500. 444-2455.

Pentium computer 2gig, 256kram, Win 98, Word, Excel, Quicken \$200, 444-

Stoller/ Infant Car Seat with base. Pretty good condition. \$20 Call 514-

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PCS Yard Sale. Furniture, electronics, household, yard maint., outdoor x-mas items, clothes, toys and much more! 7032A E Thunderbird Drive. Saturday, Nov 15. 7 am to ?.

2530 Washington - Multifamily garage sale Fri. Nov. 14 Little tykes, toys, clothes, & much more. 7 - 10 am.

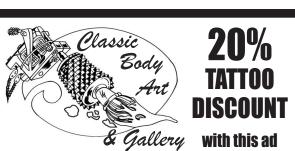
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2 Desert Airman Nov. 14, 2003

Desert Airman Classifieds

Employment Opps.

PT Deli/Bakery Clerks Tony's Fine Foods No Exp Required. Excellent Pay + Benefits. Job Located @ Davis Monthan Commissary. Must be able to work flexible hours. 18 Yrs or older. Call Kris (800) 221-2736 ext 2 then 3 or apply at Bakery Counter 11/7 2TP.

Cake Decorator PT Tony's Fine Foods Professional Retail Cake Decorating Exp Required. Will also perform other Bakery duties as needed. Pay DOE + Benefits. Must Be Able To Work Flexible Hours. Job Located @ Davis Monthan Commissary. 18 Yrs or older. Call Kris (800) 221-2736 ext 2 then ext 3 or apply at Bakery Counter 11/7 2T/P.

Cars & Trucks

1977 Ford F-250, Single Cab, Longbed, Modified 351, Approx 60K miles, \$1,500 or OBO, call Laura or Kal or Alex at 520-748-8898.

1993 Ford Probe GT(V-6) 5sp, 16" Wheels, PS, PB, PDL, PW, PM, PS, ABS, CC, Tilt. 150K miles, Clean Title. Blue Book is \$3200. Must Sell, \$1800 obo. 889-2844 or 400-9087.

95 Ford F-150 4x4 75K original miles, excellent condition \$6900 OBO. Wk 228-0117 Hm 886-2456.

Cars & Trucks

2000 Mustang Convertible fully loaded only 14k miles, Garage kept Mint cond. Moving, must sell. \$15,500, Can view at DM car lot, 444-2455.

1993 Mercury Sable LS Stationwagon 3.8L V6 Runs Excellent and in great condition. \$3525 blue book price. MUST SELL! Asking \$2300 obo 790-1039.

1996 Chevy Blazer V6 119K, red/gray interior tow package, \$5000 please call 663-0947.

Cars & Trucks

98 Red Chevy Blazer, Good Cond, 4dr, 4x4, towing pkg, V6, 93k miles, only asking \$7900, need to sell now. Call 514-0336.

1969 Plymouth Fury III Conv. Runs, drives good. Lots of extra parts included. \$1,500 OBO 750-0731.

For Sale: 2000 Toyota MR2 Spyder like brand new, less than 4100 miles. Color is "Absolutely red" and car is positively gorgeous. Priced at \$19,000.00 Call 885-9477.

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Nov. 14, 2003 Desert Airman 23









A CARONDELET HEALTH TIP

Watch Your Step

by John P. Powers, DPM, Podiatric Surgery

Every day your feet endure roughly 8-10,000 steps. Many women endure those steps in high heels. This is the primary reason women have, according to the American Podiatric Medical Association (APMA), about four times as many foot problems as men.

High heels may be a major problem for women, but they aren't the only problem. Pregnancy and age are just some of the factors which play a role in foot health.

The APMA determined that high heels — pumps with heels of more than two inches — are biomechanically and orthopedically unsound. High heels may contribute to a variety of foot problems including knee and back problems, injuries resulting from falls, shortened calf muscles, and an unnatural gait.

If you're a slave to fashion you can alleviate some of the high heel damage. Limit the time you wear high heels by alternating with more comfortable, naturally fitting shoes for part of the day.

Nylon stockings can cause foot woes, too. Because nylon doesn't breathe it creates a warm, damp area around your feet, inviting fungal infections (athlete's foot). The abrasiveness of nylon combined with a tight-fitting shoe is a recipe for blisters. Even more detrimental are tighter fitting support hose.

Pregnant women should take special precautions with their feet. Pregnancy changes the entire body, but supportive, shock-absorbing shoes with broadbased heels help swollen feet and ankles to bear the weight of those changes. A podiatrist should be seen if unusual foot discomfort is experienced.

Fat pads on the bottom of the foot deteriorate as you age, so older women experience more foot trouble than younger women do. Cushioned shoes are crucial, as is a soft flexible upper that conforms to the natural shape of the foot. Wearing leather shoes that "breathe" help prevent skin irritations on the feet.

If you experience continued pain an examination by a foot and ankle specialist is in order. Attempts at self-treatment can cost you not only time and money, they might make the problem worse. Preventing foot problems can be as simple as a wardrobe change and a little extra care — a small price to pay to avoid the agony of "de feet."

Dr. Powers practices Podiatric Medicine and Surgery in Tucson and Green Valley. Call (520) 319-3283 for an appointment.

Have a health or medical question you'd like answered? Call the Carondelet Query Line at (520) 873-3335 or send it via email to chn_mktg@carondelet.org. For employment opportunities with Carondelet Health Network visit www.carondelet.org/career

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